

HotShots

HotCheer Adaptive Cheer Team

This is the perfect opportunity to focus on goal-oriented learning opportunities and peer inter-actions while having fun and learning new skills. The athletes in the special needs program are given an opportunity to build aerobic stamina, balance, strength, rhythm, and flexibility through exercise. Not only will the athletes stimulate their social and motor skills, but they will experience the thrill of performance!

Don't Stop Believing



Details...

Practices: Sunday 1:00 – 2:00

Tuition: \$30.00 a month

Uniform: \$200 includes top, skirt, spankies, and practice t-shirt.



We anticipate performances at the following competitions

- Nov 5:** HC Showcase at (Court Time)
- Nov 18:** PA States at (IUP)
- Dec 10:** Elite Championships at (Pitt)
- Jan 7:** (Tentative) Coastal (TBD)
- Feb 10:** Hard Rockin Nationals at (Cleveland)
- Mar 10:** Battle at the Capitol at (National Harbor MD)

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